

# We Bring Quality Programs TO YOU!



The Avila Institute of Gerontology prides itself on its quality educational programs on Gerontology and related topics. In the last few years AIG has noticed that it has become harder and harder for facilities, caregivers and staff to find the time and resources to attend continuing education seminars and workshops. Therefore, AIG will come to you. You supply the students and AIG will supply expert speakers with the most up-to-date information that will enrich the lives of your elders and their caregivers. **For more information about available programs see reverse.**

**For more information about having AIG present at your facility, call Sr. Peter Lillian at 518.537.5000.**

# Book these Programs at Your Facility

Call 518.537.5000 to schedule.



## CULTURAL DIVERSITY AT THE WORKPLACE

During this half day workshop, Sr. Annelle Fitzpatrick, Ph.D. will offer an overview of the religious and cultural beliefs inherent in the Hindu, Muslim, Buddhist and Sikh traditions, so that participants will come to a deeper awareness of the values that all religious traditions share when it comes to helping the sick and the dying entrusted into our care.

*Taught by Sr. Annelle Fitzpatrick, CSJ, PhD, Associate Professor of Sociology & Behavioral Medicine, Saint John's University, New York*

*Recommended for all healthcare professionals especially Administrators, Nurses, Social Workers, Dietitians, Recreational Therapists, Chaplains & Human Resource & Customer Service personnel.*



## Dementia Care Training

An educational program for all staff, caregivers and family responsible for the care of residents with cognitive impairment (dementia).

The program was developed to encompass the following principles: all persons are valued; each person is an individual; all persons with dementia have residual strengths; care should concentrate on strengths, not losses; and through programming that builds on residual strengths, each person's quality of life and functional abilities will reach the optimal potential.

*Two Consecutive Days, 6 hours each day*

## How to Identify and Handle Challenging Behaviors

This comprehensive program provides new information on appropriate interventions for challenging behaviors. Directly working with your behavior management team (selected by your facility) the Avila Institute will help your team learn and implement appropriate interventions for behavior challenges. Your team will be expertly guided through the MDS 3.0 and Section 3; they will learn the "whys" of behaviors; develop protocols and the team process; and become familiar with tools and forms to expedite the delivery of care. The Avila Institute will also provide Inservices to all shifts and evaluate a number of residents suggesting appropriate interventions.

*2-3 Visits of 2-3 Consecutive Days*

### Other Topics that can be Offered:

#### Dementia Care

- Person-centered Care vs. Traditional Care
- Implementation of Person-centered Care
- Quality of Care vs. Quality of Life

#### Leadership

- Accountability
- Management vs. Leadership
- Communication
- Relationship Building
- Team Building
- Time Management

#### Spirituality

#### Palliative Care

#### Other

- Customer Service
- Cultural Sensitivity, Diversity and Competency
- Stress Management
- Technology
- Emergency Preparedness
- Paraprofessionals
- Job vs. Vocation

## Need Something Specific?

The Avila Insitute has a host of tailored programs to meet your specific needs.

**For more information about having AIG present at your facility, call Sr. Peter Lillian or John Moody at 518.537.5000.**